

**Puente Hills Landfill Native Habitat Preservation Authority**  
**Educational Programming July 2010 – June 2011**

**Hills Alive-** Activity-based and interactive fieldtrips to the hills for local schools and arranged by a teacher for an entire class or grade. Programs are geared toward grades K- 6<sup>th</sup> and are aligned with California's Academic Content Standards in Science as well as other academic standards. *Hills Alive* will use multi-sensory teaching techniques to lead children to learn about habitats, plant and animal life cycles, food chains, Native Americans and coexisting with wildlife. Call Helen Cohen at (562) 945-9003 to schedule a free program.

**Jr. Ranger Programs-** These consist of an in-class session and an outdoor hike focusing on topics related to conservation, park stewardship and wilderness skills development. Teachers are encouraged to contact Ranger Francine Godoy at (310) 858-7272, extension 150 to schedule a free program.

**Docent Training-** Four-week training sessions where trainees enjoy spending quality time in nature while learning about local history, plants, animals and history and receive training in interpretive teaching techniques. Trained docents guide public hikes and conduct youth programs. Ongoing training opportunities are also provided as needed. For more information about the trainings visit [www.HabitatAuthority.org](http://www.HabitatAuthority.org) Registration Required. Offered Fall 2010.

**Public and Family Hikes-** Guided hikes lead by trained docents and rotated monthly throughout various Preserve trailheads including Powder Canyon (La Habra Heights), Hellman Park (Whittier), Turnbull Canyon (Whittier), Arroyo Pescadero (Whittier) and Sycamore Canyon (Whittier) and Hacienda Hills (Hacienda Heights). Two- to three-mile educational hikes are held on the third Saturday morning of the month from 9 a.m. to 11 a.m. The hikes range in difficulty level depending on trailhead from easy to moderately strenuous. (Summer times June through Sept. 8a.m. to 10a.m.).Subject to weather. Rain cancels.

**Lil' Explorers-** *Summertime only.* A series of 1-hour themed classes for parents and their children 2-4 years old. Preschoolers enjoy hands-on interaction with the wonders of nature through a large array of multi-sensory activities. Classes will be held Fridays 10 a.m. to 11 a.m. at the Arroyo Pescadero Trailhead for 4-week sessions. Registration required through the City of Whittier and La Habra Parks and Recreation schedule of classes.

**Into the Wild-** *Summertime only.* Fun with nature and science indoors and outdoors! Children will complete experiments, explore nature, create crafts and enjoy games. Monday and Wednesday class will meet at La Habra Community Center. Friday class will meet at 8:00 a.m. at Sycamore Canyon Trailhead, 5030 Workman Mill Road, Whittier, for a two-mile hike into the Puente Hills Preserve. Registration required through the City of Whittier and La Habra Parks and Recreation schedule of classes.

**Nature Workshops-** A themed series held at the Hacienda Hills Trailhead on three selected Saturdays in Spring 2011. Guest lecturers vary with the season and topic. Topics may include butterflies, co-existing with wildlife, Native American culture, raptors, and native plant talk and sale. *These programs are sponsored by the Barbara Lee Fish Memorial Education Fund.*

**Restoration Work Days-**Volunteers help the Habitat Authority in the restoration of native habitats through various activities which may include invasive weed removal, seeding, planting, or related maintenance activities. Workdays are held on a Saturday for a 3- to 4-hour period beginning in the morning. Equipment and training are provided. RSVP required to [slucas@habitatauthority.org](mailto:slucas@habitatauthority.org) or (562) 945-9003. Subject to weather. Rain cancels.

**Earth Day Celebration –** A docent-guided Walk – n – Weed to be held in April. Interested people will have the opportunity to help remove invasive weeds from the hills while enjoying nature with like-minded others. To be held at 9 a.m.-11:30 a.m. at Powder Canyon or Hacienda Hills Trailheads.

*All Programs: Check [www.habitatauthority.org](http://www.habitatauthority.org) for updates.*